

Physical Activity and Cancer

An update presented by Prof Kerry Courneya
University of Alberta, Canada



Professor Kerry Courneya will provide an update on the role of physical activity in cancer control including primary and secondary prevention, coping with treatments and rehabilitation after treatments, as well as cancer survivorship.

CAIRNS

Date: October 10, 2008
Venue: Cancer Council Queensland
169 Aumuller Street
Bungalow Qld 4870
RSVP: by October 7, 2008 on (07) 4031 1555
or susanferrisday@cancerqld.org.au

TOWNSVILLE

October 8, 2008
Cancer Council Queensland
24 Warburton Street
North Ward Qld 4810
by October 3, 2008 on (07) 4721 1644
or christinetaylor@cancerqld.org.au

Registration and refreshments from 5.30pm, presentation 6.00pm to 7.30pm

Professor Kerry Courneya

Professor Kerry Courneya, PhD, is Professor and Canada Research Chair in physical activity and cancer at the University of Alberta, Canada. He received his BA and MA in Physical Education from the University of Western Ontario and his Ph.D. in Kinesiology from the University of Illinois. He spent five years as an assistant/associate professor at the University of Calgary before moving to the University of Alberta in 1997.

Prof. Courneya's research program focuses on the role of physical activity in cancer control including primary prevention, coping with treatments, rehabilitation after treatments, and secondary prevention and survival. His research program has been funded by several national and international organisations including the Canadian Breast Cancer Research Alliance. He has co-authored the American Cancer Society's guidelines for physical activity and nutrition in cancer survivors and serves on the editorial boards of the *Journal of Cancer Survivorship: Research and Practice* and *Annals of Behavioral Medicine*. More recently he has collaborated with the Cancer Council Queensland to develop a lifestyle support program for colorectal cancer survivors called *CanChange*.

